

2018-19 Speaker Series!

Presented by Northern Valley Schools Consortium

Closter • Demarest • Harrington Park • Haworth • Northvale • Norwood • Old Tappan • Northern Valley Regional High School District



Register

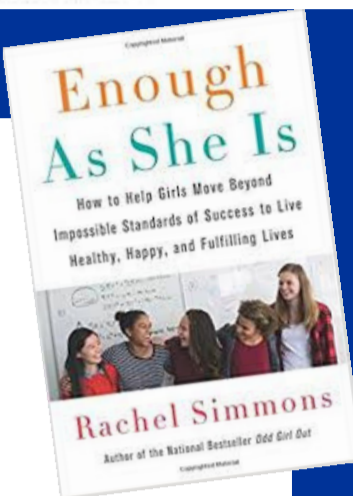
rsimmons.eventbrite.com

RACHEL SIMMONS How to Succeed Without Sacrificing Yourself

March 21, 2019, 7:00 to 8:30 PM

Tenakill Middle School, 275 High Street, Closter

Best-selling author Rachel Simmons will share strategies to help move beyond the impossible standards of success to live healthy, happy, and fulfilling lives. Join us for a talk followed by a Q&A and book signing.



Register

pw.eventbrite.com

DR. PETER WALSH Healthy Habits to Decrease Stress in Children

February 25, 7:00 to 8:30 PM *NVOT High School*

March 11, 7:00 to 8:30 PM *NVD High School*

March 25, 7:00 to 8:30 PM *NVOT High School*

Join Dr. Peter Walsh for a series of interactive parent learning sessions focusing on the emotional needs of students. Dr. Walsh is the founding partner of the Park West Practice, an outpatient practice specializing in interventions for children, adolescents and adults (and their family) dealing with anxiety and depression.

Your input and active engagement will add to each evening's learning.

Northern Valley Schools
Office of Curriculum and Instruction

For more information visit our website: <https://tinyurl.com/NVSpeakerSeries>

